

## Services at the ACC



The Lake Oswego Adult Community Center offers human services to anyone in the community aged 50 or better and/or disabled, usually free of charge. The ACC is here to help when you need it. Confidentiality respected.

### **Medical Equipment Loan Program**

The Center has a variety of equipment to lend on a short-term basis, and can link clients to other low-cost programs if it cannot meet their needs. No fee is required, though a donation is appreciated.

### **Respite Program**

The ACC Respite program for adults with memory loss or confusion due to Alzheimer's Disease, Parkinson's, stroke, and related disorders, meets every Wednesday from 11:30 a.m. to 3:30 p.m.. This is a four-hour professionally guided recreation and social program which includes lunch and snacks. Registration is necessary. Cost is \$30 per afternoon, but some scholarships are available to Lake Oswego residents.

### **Early Memory Care Program**

The ACC Early Memory Care program for adults with mild memory loss or confusion due to Alzheimer's Disease, Parkinson's, stroke, and related disorders, meets every Monday from 11:30 a.m. to 3:30 p.m.. This is a four-hour professionally guided recreation and social program which includes lunch and snacks. Registration is necessary. Cost is \$30 per afternoon, but some scholarships are available to Lake Oswego residents.

### **Income Tax Assistance**

Volunteers trained by AARP prepare simple Federal and State tax returns, by appointment only during tax season.

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### **Web Links**

[Information & Referral](#)[Transportation Services](#)[Lunch at the Center](#)

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