CPR Classes

CPR for Individuals

Currently we do not teach a public class on a regular basis. If a citizen group of 10 people or more would like a class, please see the "CPR for Businesses" section below.

For individual classes you can check with our neighboring fire department Tualatin Valley Fire & Rescue or check the Yellow Pages for additional information.

CPR for Businesses

A CPR instructor will perform CPR Training at the Main Fire Station when a minimum of 10 individuals register for training. If you need instruction at your facility, please select the options above.

Our CPR classes use the American Heart Association guidelines and we offer a different variety of CPR classes.

- CPR for Family and Friends
  - This is a class that targets all lay rescuers, such as school children, family members of patients at risk for cardiac death, and other lay persons who want to learn rescue skills for loved ones. The course teaches rescuers skills in:
    - CPR
    - Relief of Foreign-body Airway Obstruction (FBAO).
    - AHA Chain of Survival
    - Signs of Heart Attack, Cardiac Arrest, Stroke and Choking in Adults.
  - This course is about 2 hours for adult CPR, 2 hours for infant CPR and about 4-1/2 hours for the combination of adult and infant CPR.
- Heartsaver CPR
  - The Heartsaver CPR course is designed for all lay rescuers, particularly those who respond to emergencies in the workplace. Although the course may be used to teach CPR to all lay rescuers, it is specifically designed for lay rescuers who are required to obtain a course completion card - a credential - documentation of a CPR course. The course teaches rescuers skills in:
    - CPR
    - Relief of Foreign-body Airway Obstruction (FBAO).
    - AHA Chain of Survival
    - Signs of Heart Attack, Cardiac Arrest, Stroke and Choking in Adults.
  - This course runs slightly more then 3 hours for adult CPR or for infant and child CPR. The combined course for adult, infant, and child victims is at least 5 hours.
- Heartsaver AED

- Heartsaver AED is a comprehensive course for the First Responder, particularly those who respond to emergencies in the workplace. It is specifically designed for lay rescuers who are required to obtain a course completion card - a credential - documentation of a CPR AED course. The course is ideal for rescuers in public access defibrillation (PAD) programs and family members of patients at high risk for sudden cardiac death, and other lay responders who have access to an AED. The course teaches rescuers skills in:
    - CPR
    - Use of an Automated External Defibrillator (AED).
    - Relief of Foreign-body Airway Obstruction (FBAO).
    - AHA Chain of Survival
    - Signs of Heart Attack, Cardiac Arrest, Stroke and Choking in Adults.
- This course runs about 4 hours for adult CPR and use of AED. The combined course for adult, infant, and child victims is at least 5 hours.

Class fees are as follows:

- $ 40 per person for CPR class
- $ 40 per person for First Aid
- $ 60 per person for CPR and First Aid in one single class

Please call (503) 635-0275 for information.

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