

## Welcome to the Sports Zone



### Follow us on Twitter: @LOCitySports

Lake Oswego Parks & Recreation offers recreational sports camps, classes and leagues for Pre-K, youth, teens and adults. For all sports offerings through Parks & Rec, please follow the left sidebar for specific camp, class or league information.

To register, visit [www.loparks.org](http://www.loparks.org).

## ADULT BASKETBALL LEAGUE REGISTRATION IS OPEN

The City of Lake Oswego offers City League Adult Basketball for players ages 18+ (and out of high school).

### ADULT BASKETBALL LEAGUE FORMAT

**LEAGUE DIVISIONS:** Open Division (ages 18+)

**SEASON:** February through April. Includes 8 regular season games + double elimination tournament. Games played weeknights and weekends, Su-Th.

**REGISTRATION:** Managers must create team first before players can register. Per player fee. Individuals are not placed on teams.

**REGISTRATION:** NOW open. Register at [www.loparks.org](http://www.loparks.org)

**REGISTRATION DEADLINE:** Must have a minimum of 8 players registered and paid by Wednesday, January 10

**FREE AGENTS:** Are you interested in playing, but are not registering with a team? Individuals can join our 'Free Agent' list. (Joining this list does not guarantee placement on a team.) Team managers will receive the list and have the option to pick up players. If you would like to submit your info, follow the Classes, Camps & Leagues tab on the left sidebar to the 'Free Agent' option.

\*\*For more information: follow the **Play Sports** tab on the left to the appropriate league page or contact City

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League Basketball Coordinator, Jake Marr at [jmarr@lakeoswego.city](mailto:jmarr@lakeoswego.city)

### [City League Sports, Programs & Events](#)

All information for city-sponsored sports leagues (basketball, soccer & softball) and programs/events (including adult drop-in sports, sports camps, etc.) can be found at [www.lakeoswegosports.com](http://www.lakeoswegosports.com).

### [Parks & Recreation Sports Camps](#)

Parks & Recreation partners with Skyhawks Sports Academy, Lacrosse Northwest, Oregon Fencing Alliance and Coyle Outside to bring quality, recreational camps to the youth of Lake Oswego. Camps are also offered for pickleball, table tennis and yoga.

### [Preschool Sports](#)

Parks & Recreation offers classes specifically tailored to preschool-aged children. Activities include lacrosse, fencing, soccer, tennis, basketball, baseball, flag football, parkour and yoga. Classes are provided through Lake Oswego Parks and Recreation and in partnership with Lacrosse Northwest, Challenger Sports, Skyhawks Sports Academy, Coyle Outside and Oregon Fencing Alliance.

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