

Volunteer Sites

City of Lake Oswego

[Junior Counselors \(Summer Only\)](#)

Students ages 13 and over may apply to be junior counselors for Kindercamp, a summer program for children ages 4-6 provided by the Lake Oswego Parks and Recreation Department. Call Cydney Winslow at 503.697.6589 to apply. E-mail: asap@ci.oswego.or.us.

[Youth Action Council](#)

The Youth Action Council is a group of Lake Oswego teens who are working with the Lake Oswego Parks and Recreation Department to improve the quality of life for teens in the community.

Additional Opportunities

Contact Cydney Winslow at 503.697.6589 to find out about additional youth volunteer opportunities with Lake Oswego's Parks and Recreation Department. E-mail: asap@ci.oswego.or.us.

Volunteer Opportunities in the Portland Area

[Hands on Portland](#)

Find out about volunteer opportunities in the Portland Area. Click on "Volunteers Under 18" on the menu to find out how to participate.

[Legacy Health Systems](#)

Volunteer opportunities at Legacy Hospitals in the Portland area are available for students who are at least 14 years old and have completed 8th grade.

[Oregon Museum of Science and Industry](#)

OMSI offers two volunteer programs, one during the summer and one during the school year, for students ages 14-18.

[Oregon Food Bank](#)

Learn about ten different ways to volunteer for the Oregon Food Bank. Minimum age varies with the project. Many projects accept volunteers ages 10 and up.

[Oregon Health and Sciences University](#)

Volunteers must be at least 14 years of age and commit to 50 hours of service. Visit the Volunteering at OHSU Web site for more information.

[Oregon Humane Society](#)

Find out about volunteer opportunities for students 16 years old and older and the Volunteer Service Learning program for students 12-15 years old.

[Oregon Zoo](#)

Learn about the Zoo Teen program for students in grades 9-12 and Farm Youth Volunteers for students in grades 8-12.

[Providence Portland Medical Center](#)

Students ages 15 and up can apply for volunteer positions throughout the hospital. Please call the volunteer office at 503.215.5002.

[Providence St. Vincent Medical Center](#)

Students ages 14-18 can apply to volunteer in a number of capacities. This program is popular and space is limited. Call the volunteer office at 503.216.2159. (Students can also inquire about Medical Explorers, an informational program for those interested in medicine. Participants meet twice a month for discussions, lectures,

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and hands-on activities.)

[SOLV](#)

"SOLV annually provides resources to more than 250 Oregon communities, focusing on cleanup, beautification and enhancement projects." Visit this site to find out about the many volunteer opportunities available.

[Tryon Creek State Park](#)

Students may volunteer to be an assistant camp counselor, to work on special events, or to take part in ivy removal. Nature Day Camp and Special Events volunteers must be in high school. Camp volunteers must attend two training sessions and commit to two or more one-week camp sessions. Camp sessions begin in June. Call the The Friends of Tryon Creek State Park at 503.636.4398 for more information about these programs and to find out how to apply.

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