Outdoor Recreation

Parks & Recreation offers classes that provide opportunities enjoy the great outdoors.

Register for Classes & Activities

Park Ranger Ben Program
Go on nature walks with Park Ranger Ben! He has trail maps, wildlife photos, and fun activities to help you explore Lake Oswego's Parks. Don't forget to check out how to become an official Lake Oswego Junior Ranger!

Hikes & Rambles information

Coordinated by local volunteers, this program offers weekly hikes and rambles within a two-hour drive from Lake Oswego, Tuesdays and Thursdays, January-mid-November. Hikes: For hikers of intermediate ability. Rambles: A more leisurely-paced hike, great for beginning hikers. 5-7 miles with comfortable elevation gains and good trail conditions. Hikes and Rambles are not canceled due to rain, but leaders may change location if driving/hiking conditions are hazardous. Please check the website for updated information. Leaders may refuse to take anyone not properly equipped or who is determined to be incapable of making a specific trip. Participants accept responsibility for their personal safety. No animals permitted.

Click here to find a Hike or click here to find a Rambles

Hikes & Rambles (Effective August 11, 2014)
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Skate Park
The Lake Oswego Skate Park is a membership based park supervised by Parks & Recreation staff. The park is open to all ages for Skateboarders and In-Line Skaters from Spring Break through mid-October.

Kayaking, Canoeing and Paddling with Alder Creek

Get on the water and have an adventure! Lake Oswego Parks and Recreation partners with Alder Creek with programs from Learning to kayak, basic canoe skills to water tours. Alder Creek offers world class coaching, guiding, and instruction from highly skilled and certified coaches. Their staff maintains the most current, best practice and employs the most up to date teaching techniques.

Swim Park
Open during July and August, Swim Park entry is free and available to residents of Lake Oswego. Certified lifeguards are on duty at all times during open hours. The Swim Park features diving platforms, water sprayers, inner tube water polo games, outdoor showers, and lounge chairs.

Water Sports Center for Rowing
The Charlie S. Brown Water Sports Center (WSC), located on the scenic Willamette River in Roehr Park (350 Oswego Pointe Drive, Lake Oswego, OR). Lake Oswego Community Rowing offers youth and adult programs in partnership with the City of Lake Oswego Parks & Recreation.

Outdoor Recreation with Adventures without Limits

In addition to registering for Adventures without Limits programs through Lake Oswego Parks & Recreation, Adventures without Limits requires a registration form and liability release for their programs. Please print, fill out, and bring the following forms to the first day of class:

- Registration Form

- Liability Risk Form

Click any thumbnail image to view a slideshow

Supporting Documents

Adventures without Limits Liability Risk Form
Adventures without Limits Registration Form

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