

City League Sports



Lake Oswego Parks and Recreation offers RECREATIONAL team sports leagues for adults (ages 18+) and local High School students who do not play on their respective school sports team. These leagues have been developed to provide organized, recreational league play to the citizens of Lake Oswego. We welcome team managers who model good sportsmanship, expect it from their players and fans, and are willing to be responsible for the conduct of their team players and spectators. We welcome players who are willing to be a positive part of a fun and respectful environment.

Adult Drop-In Sports are also available for basketball, table tennis and volleyball. Scroll down to the Drop-In sports page or supporting documents on this page for the schedule.

Follow us on Twitter @LOCitySports for league and event information, registration, facility closures, game cancelations, etc.

Registration Forms:

- [Adult Coed Soccer](#)
- Adult Coed Softball
- [Free Agent](#)
- [Girls Lacrosse Grades K-2](#)
- [Men's Basketball](#)
- Men's Softball

•



o

[Girls Lacrosse Grades K-2](#)

Registration for LO residents opens January 15, 2015 at loparks.org

Young lacrosse enthusiasts learn the fundamentals of women's lacrosse in a fun environment.

Program runs April-May on weekends.

For the 2015 season, L.O. Parks & Recreation to offer
Girls Kindergarten Start-Up Program - ...

[read more](#)

•



o

[High School Basketball](#)

The City of Lake Oswego provides City League recreational high school basketball for grades 9-12 during the winter season. For league information, rosters and rankings during the season click on the appropriate files below.

[read more](#)

•



o

[Men's Basketball](#)

The City of Lake Oswego offers City League adult basketball for players ages 18+ (and out of high school). The season runs from mid-January through mid-April. For league information, rosters and scores during the season click on the files below.

[read more](#)

•



o

[Coed Soccer](#)

Registration for the spring season will open February 3 at loparks.org.

The City of Lake Oswego offers spring and fall Adult Coed Soccer leagues. Open (18+) and Over35 divisions are available.

[read more](#)

•



o

[Coed Kickball League](#)

New League. Coming Wednesday nights summer of 2015 Parks & Recreation Coed KICKBALL!!!

We are hard at work pulling together all of the essential information for you on this new league. More information to come.

Shine your cleats, prep your fanciest socks and stay tuned LO.

[read more](#)

-



-

[Adult Drop-In Sports](#)

Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Table Tennis, the newest drop-in activity, starts in November. Bring I.D. for LO resident rate. Non-residents may play if availability exists.

[read more](#)

-

-

[Free Agents](#)

Individual players interested in making their names and contact information available to team managers can put your information on the Free Agent List. Please note there is no guarantee you will be picked up by a team.

Available team sports:

[read more](#)

-



o

[2015 Girls Youth Lacrosse Festival](#)

Mark your calendars! The 2015 Girls Youth Lacrosse Festival is set for Saturday, June 6. The festival is for existing spring season girl's teams in the following divisions: Grade 5-6 (U-12) and Grades 7-8 (U-14). Space is limited!

[read more](#)

•



o

[Adult Coed Softball](#)

Play has completed for the 2014 season. The City of Lake Oswego offers summer adult (18+) Coed Slow-pitch Softball leagues. Divisions include Wednesday Competitive, Friday Competitive and Friday Recreational. For league information, rosters and rankings click on the files below.

[read more](#)

•



o

[Men's Softball](#)

Play has completed for the 2014 season. The City of Lake Oswego offers summer Men's (18+) Slow-pitch Softball leagues. Divisions include Tuesday Rec and Thursday 35+. For league information, rosters and rankings click on the files below.

[read more](#)



[Lake Oswego Skate Park](#)

The Lake Oswego Skate Park at 5520 Willow Rd. (corner of Willow and Pilkington), is a membership based park, supervised by Parks & Recreation staff. The Park is open to all ages for Skateboarders and In-Line Skaters from Spring Break through mid-October.

[read more](#)

Supporting Documents

 [Open Gym Schedule - updated 12/19/14](#)

 [Game Status - City League Basketball](#)

Web Links

[Lake Oswego Skate Park](#)

Source URL (retrieved on 01/31/2015 - 8:11am): <http://www.ci.oswego.or.us/parksrec/city-league-sports>