

## Adult Drop-In Sports



Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Bring I.D. for LO resident rate. Non-residents may play if availability exists.

Over 35 Basketball at Forest Hills Elementary (fall & winter); L.O. Jr. High (spring); Palisades (summer)  
Volleyball at Lake Grove Elementary

Pickleball at Palisades

\*New\* 18+ Summer Basketball at Palisades - starts mid-June

**\*\*New Drop-In Fee Increase January 2017:**

**Residents: \$3/night**

**Non-Residents: \$5/night**

View the "Open Gym" schedule below to see the exact dates of play.

### Supporting Documents

 [Adult Drop-In Sports - Updated 7/31/2017](#)

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