

## **Parks & Recreation Classes & Activities**



Parks & Recreation produces seasonal catalogs that provide the most up-to-date information about classes and activities, special events and camps. Registration for residents of Lake Oswego begins the Monday after you receive the catalog. Lake Oswego residents receive priority placement in classes and activities. Residents know immediately if they are accepted into a class or placed on a wait list. Non-resident registrations are accepted, but held on separate wait lists for about one week and then processed on a first registered basis. Confirmation letters are sent to non-residents notifying them of class placement or wait list status. You can view the current catalog [here](#).

You can have a copy of the current catalog mailed to you by calling the Registrar at 503-675-2549. In addition to the published catalog, you can find all our classes and activities on the [Online Registration](#) website.

### **Scholarships**

Scholarships are available for those who qualify. For more information about our scholarship program, please visit [this page](#).

### **Just for Kids**

Please Note: Most activities require registration; register online at [www.loparks.org](http://www.loparks.org) or call 503-675-2549 for more information.

### **Preschool (Ages 0-4)**

#### **[INDOOR PLAYGROUND AT PALISADES](#)**

Rain? No problem! Join us on Mondays, Wednesdays, and Fridays and now \*NEW\* on Saturday mornings too! 9:30-11:30a.m. September through mid-June at Palisades! Please bring cash for Saturday morning Indoor Playground. This is an ideal program for parents and caregivers. This playground is a dream come true for imaginative and energetic kiddos, with lots of room to run and play on our riding, pushing and climbing toys. Themed activities are presented each day at 10:00 a.m. Please do not bring snacks containing nut products to Indoor Playground. Drop-In fee is \$4 per day (\$2 additional child) or you may purchase a 15-visit punch pass!

Click [HERE](#) for further information

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### Parks & Recreation also offers:

- Little Tennis
- MiniKickers Soccer
- Little Masters Child/Adult Art Programs
- Summer Camps such as Kindercamp at George Rogers Park
- Tiny Boppers and Mini-Ballerinas dance classes
- Pre-Piano program
- Skyhawks Sports Camps and Classes
- Luscher Farm Children's Garden Nature Programs

### School-Agers (Ages 5-12)

Classes include art, dance, photography, Red Cross babysitting, sports & more! For the full catalog of kids & teens programs [view the current catalog](#). Classes typically include:

- Afterschool and Saturday morning Art Classes
- American Red Cross Safety and Babysitter Training classes
- Piano, Guitar, Girls Rock, Beginning to Rock, and Drumming Madness
- Ballet, Jazz, Hip Hop & Break dance
- Fencing Classes and Camps
- Youth Cross Country Runs

**NEW!** [The Rec Zone](#) offers a wide range of activities for youth ages 6 to 10 years. The Rec Zone creates a place for kids to recreate with supervised activities. Social, physical, and creative activities is provided on Tuesday and Thursday's during the school year. For more info click [HERE](#)

### Tweens & Teens (Ages 12-18)

Activities include the After School Activity Program (ASAP), events, volunteering, clubs & more! Check out the Teen Scene webpage [here](#).

#### Adult Activities

Get Creative! -- Painting, drawing, and glass fusion fusion classes (platters, plates, ornaments, wall pockets & more), knitting.

Get Interested! -- Cooking, gardening galore, health seminars, meditation, investment & financial planning, and foreign languages and more. Don't forget Luscher Farm has programs too! Explore the Luscher Farm website [here](#).

Get Moving! -- Dance (line, ballroom and belly dance), stretching, Nia, Pilates, fencing, martial arts, many different forms of Yoga.....drop-in basketball and volleyball, league basketball, adult coed soccer, & adult slow-pitch softball.

Get Outdoors! -- Thursday Hikes & Rambles, more nature walks, boating, rafting, kayaking & canoeing, snowshoeing and cross country skiing, rock climbing, and even mountain climbing await you.

### Specialized Recreation Programs (All Ages)

#### Inclusion Policy

The City of Lake Oswego believes that including all people in the fabric of society strengthens community, strengthens individuals and enhances quality of life. We promote inclusion and opportunities for choice to enhance the quality of life for our residents, including persons with disabilities. If you have a disability or need an accommodation, use the Inclusion/Other Info field available to provide your need when registering online, or please include a note along with your mailed or dropped off registration. You may also contact us at 503-675-2549.

Persons with special needs are encouraged to participate in any of our programs. Please call **Cydney Fletcher** at

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503-697-6589 if you need any accommodations or if you have questions.

If you have any feedback on our programs or would like to submit a program request, we would love to hear from you! Click [HERE](#) to take our online survey!

Click any thumbnail image to view a slideshow



### Web Links

[View the Current CatalogScholarship FormClass Registration Paper Form](#)

Source URL (retrieved on 09/24/2017 - 2:17pm):

<https://www.ci.oswego.or.us/parksrec/parks-recreation-classes-activities>