

Meals-on-Wheels in Lake Oswego



This essential community service provides a hot, delicious, well-balanced meal delivered by volunteers to housebound adults (age 60 and older) and to those who are disabled (of any age). Whether meals are needed for just a few days or on a long-term basis, volunteers deliver hot meals every Monday, Wednesday and Friday between 11:00 a.m. and 1 p.m. If requested, frozen meals can be delivered along with hot meal deliveries.

Suggested donation is \$4.00 per meal.
Call 503-635-3758 for more information.

YOUR SUPPORT IS GREATLY APPRECIATED.

For more information about Lake Oswego Meals-On-Wheels [CLICK HERE](#).

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