

Coming Soon! Registration for Fire Fit Kids



Workout with our Lake Oswego Firefighters. Kids ages 7 to 18 will have fun and get active doing some of the same things firefighters do on the job. Firefighters will lead kids through warm up exercises, a fun run around Westlake Park, and a firefighter themed obstacle course. Participants will get to hold an active fire hose and tour some of the department's fire engines. Don't miss out on this fantastic event held in August!

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<https://www.ci.oswego.or.us/fire/coming-soon-registration-fire-fit-kids>