

Lake Oswego Community Recreation Options Summary

Lake Oswego Community Options Summary

		Non-Profit (includes PCC for Adult)	# offers	For-Profit	# offers
CULTURAL DIVISION					
Preschool, Kids & Teens Classes	Community Schools		2	See tab detail for providers	9
Teen Program	LO Library		2		
McKenzie Teen Lounge					
Inclusion Lounge					
Youth Camps	Community Schools, Tryon Creek State Park, Churches		3	Kids Camps of various types	4
Adult Classes	PCC		5	Dance, Arts, Cooking, Gardening	7
Luscher Farm	Library		1	7 Dees Gardening	1
Outdoor	PCC, Tryon Creek		3		
Swim Park - Q1 only (Open July-Aug)	Lake Grove SD Swim Park = 1, School Pool = N/A, Neigh Assoc Pools = N/A		1	Mtn Park, HOA Pools	1
 SPORTS & FITNESS DIVISION					
Youth Sports & Fitness Classes				LO Youth Lacrosse, Rhino Lacrosse Youth Academy, The Little Gym gymnastics, LO Soccer Club	5
Adult Sports & Fitness Classes	Community Schools				
Youth Sports Camps	Community Schools, PCC Yoga,		1	Various yoga, tai chi, pilates & other fitness c	7
Youth Sports Events & Programs	Community Schools LAX Camps		2		8 fitness centers in LO
Adult Sports Leagues					
Adult Sports Events & Programs					
Water Sports Center					
 EVENTS DIVISION					
Farmers' Market					
Summer Concerts					
Other Community Events					

Lake Oswego Community Recreation Options - Non-Profit

Parks & Recreation Activity/Class	PCC - Sylvania Campus Non-Credit Classes	Library / Oth City Dept	Community Schools	Lakewood Center	Lake Oswego Churches	Tryon Creek	Lewis & Clark	Benefit/Differentiator
<u>SPORTS & FITNESS</u>								
Youth Girls LAX Beg to Intermediate Ages 8-13			✓					LAX Skills Camp grades 3-9
Youth Girls LAX Level 2 Ages 11-14			✓					Ours is 1 hour, 5 classes, \$44/\$51 Yoga Level 1 1.5hours, 8 classes \$95
Adult Yoga Level 1	✓							
<u>CULTURAL RECREATION</u>								
Kindercamp at George Rogers Park 1/2 day						✓		Discovery/Explorer Camps 1/2 day ages 4-5 and grades K-1st
Barnyard Tales Ages 3-8 Wednesdays 10-11		✓						Storytime at Library - Wednesdays 10:30 - 11 Ages 3-5
Youth Mad Science Rocket Lab			✓					P&R August \$157/\$181 , Comm Sch July \$195
Youth Mad Science Rockets & Science of Flight			✓					P&R August \$157/\$181, Comm Sch July \$195
Teen Music Nights		✓						Library using as a tool to attract teens
Gaming for Teens		✓						Library using as a tool to attract teens
								Ours are 1.25 hours, 10 weeks \$64/\$74
Spanish for Adults	✓							Levels I - III at Sylvania Campus 1.75 hours, 8 weeks \$109 Ours is 2 hours, 6 weeks, \$61/\$70 Drawing for Pleasure 3 hours, 4 weeks \$79
Adult Everyone is an Artist - drawing	✓							Offers same classes at Rose's Glassworks on Hall Blvd
Adult Beginning Glass Fusing	✓							We partner just like PCC does - prices differ by \$2 or less
Adult Stained Glass in Two Days	✓							It helps fill the classes for the contractor
Adult Fused Glass - Wind Chimes	✓							We offered first! SAB offered Raising Chickens, Library is offering Are Backyard Chickens Right for You? Not sure what the fascination is with chickens...
Barnyard Chickens		✓						
<u>Lake Oswego Community Options - Non-Profit</u>								
Adult Learn to Row	✓	✓						Adult Rowing & Sculling Level I and II at WSC by Susan Parkman Ours 3 hours, \$50/\$58 thru Alder Creek Kayak Adult Stand Up Paddle Boarding 3 hours, \$59 thru Portland Kayak
Adult Basic Stand Up Paddle Lesson	✓							Ours 5 hours \$75/\$86 Adult Touring Kayak Lesson & Tour on Calm Water 9.5 hours, \$99
Adult Bachelor Island Kayaking Tour	✓							
Hikes & Nature Walks Around LO						✓		Hikes & Nature Walks at Tryon Creek State Park

Lake Oswego Community Recreation Options - For Profit

Parks & Recreation
Activity/Class

SPORTS & FITNESS

Girls Lacrosse	Lake Oswego Youth Lacrosse - girls clinics held in Tualatin for a few days	Knino Lacrosse Beginners Academy - held in Lake Oswego for a few days				
Gymnastics	Lake Oswego Soccer Club - Youth Development Soccer \$65 + field fee (\$20res, \$30non-res)			The Little Gym - ages 3-12. 9month program: various pricing depending on payment frequency. Monthly is \$78 for one 1hr class a week, billed 10x. Annual membership fee: The Little Gym - ages 3-6. 9month program: various pricing depending on payment frequency. Monthly is \$78 for one 1hr class a week, billed 10x. Annual membership fee:		
Sports Skills Development			Trainer's Club Initiation + Monthly Dues Portland Yoga - based in LO, but classes occur all over the area. can't find pricing online. Experience Mercantile Fitness Center - Enrollment Fee + Monthly Dues: Cardiovascular Fitness, Weight Training; Health & Wellness Classes; Restorative Yoga, Zumba, Boot Camp, Group Fitness Classes, Pilates Mat;	Mtn. Park Raquet Club Initiation & monthly dues, Pilates, Strength Training, Yoga PXT: Personal Excellence Training (cross-fit)	Barre 3 (where Ballet Barre meets Yoga and Pilates) Cross-Fit Lake Oswego	Pilates IM=X Pilates - many class packages including 10 classes for \$280 Bodies Studio Group Mat Drop-in \$15 Barre 3 (where Ballet Barre meets Yoga and Pilates) Mtn. Park Raquet Club Initiation & monthly dues, Pilates, Strength Training, Yoga
Yoga/Pilates Fitness Centers	Imagine Yoga - many class packages including 10 classes for \$120 Trainer's Club Initiation + Monthly Dues Group Fitness (yoga, pilates, ballet, stretch, tai chi) 15 people max classes	Healing Light Yoga & Massage - private lessons only Snap Fitness Cardio, free weights				

CULTURAL RECREATION

Toddler Enrichment	KinderCare - call for tuition			The Little Gym - WonderKids Club, 3 hrs, includes Lego DUPLO at end of every class. ages 3-4. pricing unavailable right now (program just started).
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Lake Oswego Community Recreation Options - For Profit

Parks & Recreation
Activity/Class

Youth Music Programs	<p><u>Lake Oswego Music Academy</u> - annual reg. fee is \$25 + basic fee structure is \$60/hr</p>	<p><u>Lake Music</u> - private lessons 1\2 hour or 1 hour weekly private lessons. One low monthly fee pays for 4 to 5 lesson weeks per month or opt for 2 lessons per week for fast learners. No group lessons. 18-24 teachers weekly teaching on 45 different instruments.</p>	<p><u>Lake Oswego Guitar</u> - \$125 monthly for 1/2 hour weekly lessons</p> <p><u>Sultanov Russian Ballet Academy</u> - pre-ballet for ages 4-6: 3 hrs/month for \$70. beg. ballet for ages 7-8:</p>	<p><u>The Little Gym</u> - ages 3-12. 9month program: various pricing depending on payment frequency. Monthly is \$78 for one 1hr class a week, billed 10x.</p>
Youth Ballet/Dance	<p><u>Lake Oswego Academy of Dance</u> - Fairytale Ballet \$102 for 9 classes</p>	<p><u>Academy of Ballet & Dance Arts</u> - same programs as LOPR plus more</p>	<p><u>The Little Gym</u> - Day camp for ages 3-8. pay per day: \$25member/\$34non-mem. M-Th camp. Annual membership fee: \$35 for whole family</p>	<p><u>The Little Gym</u> - CPR/First Aid course \$65 for 7 hours</p>
Youth Art/Cooking/Safety Classes/Camps	<p><u>Smiling Sunshine</u> - program: \$22-\$25 for 1-2hrs, \$25 annual fee, \$35 tri-annual materials fee; camp: halfday \$85 per week</p> <p><u>Craig Srebnik Fine Art</u> - 7hr workshop for \$95 @ various locations in LO. Classes available but none listed on site right now</p>	<p><u>In Good Taste</u> - teen cooking camp: 2.5hrs, 3 days, \$200; kids cooking camp: 3hrs, 5 days, \$350</p>	<p><u>The Little Gym</u> - CPR/First Aid course \$65 for 7 hours</p>	
Adult Art Classes/Workshops				
Cooking Classes	<p><u>fuAsian</u> - various prices for various cooking lessons of 3hrs, typically \$40-\$55</p>	<p><u>In Good Taste</u> - Adult Culinary Boot Camp and many cooking classes</p>		
Adult Ballet/Dance	<p><u>Lake Oswego Academy of Dance</u> - \$10/1 hr class</p>	<p><u>Academy of Ballet & Dance Arts</u> - same programs as LOPR plus more</p>	<p><u>Jazzercise</u> - \$12 single-visit price. Monthly pricing available.</p>	<p><u>Step It Up Ballroom Society</u> - monthly membership or membership packages</p>
Gardening Classes	<p><u>Dennis 7 Dees</u> - various gardening classes, typically 1hr for \$5</p>			