



Lake Oswego Parks & Recreation

7v7 Adult & HS Summer Coed Soccer League

Frequently Asked Questions

When/Where will the league be taking place?

League games will take place between 3PM & 10 PM at Hazelia Field, Lake Oswego HS, and Lakeridge HS

Who is eligible to participate in the 7v7 Coed Soccer League?

Adult: The League is open to all LO resident and non-resident players Ages 18+. An Over 35 Division will be created if there are enough teams. **HS Coed:** The League is open to all LO resident and non-resident players who are currently in grades 9-12 or who will be entering high school during the 2019-20 school year. **2019 Graduates are eligible for the HS Coed division.**

How/Where do I need to register for the 7v7 Coed Soccer League?

It is a team registration format meaning individuals are not placed on teams by Lake Oswego Parks & Recreation. Managers will need to create the team first before players can register at www.loparks.org or by calling 503-675-2549, M-F, 8a-5p.

How many players are needed/allowed on each team?

Each team must have a minimum of 10 players. The maximum amount of players allowed is 15.

With it being a Coed League, what is the breakdown of Men/Women on the field?

The goalkeeper can be male or female. The remaining players must not exceed three (3) men or three (3) women (goalie not included). A male player cannot be substituted for a female player.

What if I do not have a team for the 7v7 Coed Soccer League?

Adult: Individuals that do not have a team can fill out our [Free Agent Form](#) to be added to our Free Agent List. **HS Coed:** Create your own team (!) or you can email the League Coordinator, imiller@lakeoswego.city to be added to the Free Agent list. There are no guarantees but should a team need an additional player they can inquire about any individuals on the Free Agent list.

What are the field dimension for the 7v7 Coed Soccer League?

The field dimensions for this league are smaller than your typical soccer field. The general field dimensions we use are 70 yards by 53 yards. Goals are placed on the Football 15 yard lines and we use the football sidelines for the width.

At each game is there any form of check-in for the players?

Teams should expect to be checked-in by the referee using rosters provided by the league. Players need photo identification for check-in which may be any documentation that includes their name and their picture.

All players must be registered with the league in order to participate. Teams may borrow registered players from other league teams in order to prevent a forfeit.