

LAKE OSWEGO TENNIS CENTER GUIDE TO ADULT CLASS LEVELS

1 NTRP 1.0-2.4

- 1.0** Just starting to play tennis.
- 1.5** Limited experience, still working primarily on getting the ball in play
- 2.0** Needs on-court experience. Has obvious stroke weaknesses, but is familiar with basic positions for singles and doubles play.

2 NTRP 2.5-2.9

- 2.5** Learning to judge where the ball is going, although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability

3 NTRP 3.0-3.9

- 3.0** Fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes, and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up and one-back
- 3.5** Has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. Starting to exhibit more aggressive net play, has improved court coverage, and is developing teamwork in doubles

4 NTRP 4.0+

- 4.0** Has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots, and volleys with some success. Occasionally forces errors when serving and teamwork in doubles is evident. Rallies may be lost due to impatience

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