



Lake Oswego Parks & Recreation

2018-2019 High School City League Basketball

Frequently Asked Questions

Who is eligible to participate in City League Basketball?

The League is open to girls and boys in 9th, 10th, 11th, and 12th grades who either currently attend a Lake Oswego 7J School District High School and/or reside with the Lake Oswego School District or City of Lake Oswego boundaries

How/Where do I need to register for City League Basketball?

It is a team registration format meaning individuals are not placed on teams by Lake Oswego Parks & Recreation. Managers will need to create the team first before players can register at www.loparks.org or by calling 503-675-2549, M-F, 8a-5p.

How many players are needed/allowed on each team?

Each team must have a minimum of 8 eligible players. The maximum amount of players allowed is 15.

What if I do not have a team for City League Basketball?

Create your own team (!) or you can email the League Coordinator, imiller@lakeoswego.city to be added to the Free Agent list. There are no guarantees but should a team need an additional player they can inquire about any individuals on the Free Agent list.

I plan to try-out for my school's team but also want to sign-up for City League. What should I do?

Feel free to register with your friends for City League. Should you be selected for one of your school's teams, let us know and we will refund your registration fee.

Am I allowed to play on a school basketball team and a City League team?

No. If you are selected for your high school basketball team (Varsity, JV &/or freshman teams) you are not eligible to play City League.

How many Adult Supervisors does each team need to have?

A minimum of three (3) Adult Supervisors. At least one adult supervisor must be present and seated on the team's bench each game.

In order to be a registered H.S. City League Adult Supervisor what forms do I need to complete?

1) L.O. Parks & Recreation Volunteer Form. 2) A Criminal Background Check Form

