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What is High School City League Basketball?

This league was created over 35 years ago to supply local high school students with a Winter recreational activity. While there is a competitive piece to it, this league is a fun, light-hearted and recreational league available to all students with or without basketball or athletic experience. This league is full of memories!

Who is eligible to participate?

The League is open to all players in 9th, 10th, 11th, and 12th grade who either currently attend a Lake Oswego 7J School District High School (Lakeridge HS or L.O. High School) and/or reside with the Lake Oswego School District or City of Lake Oswego boundaries.

How do I register?

Players and Student Team Managers form their own team by recruiting players. Managers need to create a team with a team name and password before players can register. Once the team is created, all players, including Student Team Managers, must register for the team individually by selecting the team name while registering online.

Create your team and register as a player online at www.loparks.org, by calling 503-675-2549, or stopping by the front desk at the LO Recreation and Aquatics Center (LORAC) at 17525 Stafford Rd.

How many players are needed/allowed on each team?

Each team must have **a minimum of 8 registered players** for a team to participate. The maximum number allowed on a roster is 15. Teams with less than 8 players when the deadline closes are incomplete and are ineligible to participate. Free agents may be placed on teams with small rosters.

How much does it cost to play?

The early bird registration fee per player is \$95. This includes a City League jersey, 6 league games, and, for qualifying teams only, a playoff tournament. After the Team Registration deadline players registering for a team will be charged the regular fee of \$110. Players registering after the season starts will be charged a pro-rated fee.

Inquire about **scholarship information** by contacting LOPR Registrar at 503-675-2549.

What kind of jersey do I get?

All players will receive **one (1)** reversible mesh jersey with cut sleeves. When registering, you will choose what size suits you. Your Student Team Manager will be given all jerseys with an assortment of numbers to hand out.

Does registering for City League online mean my team has a spot in the league?

SPACE IS LIMITED. A spot is *NOT* guaranteed. A Lake Oswego Parks and Recreation staff will email the Student Team Manager if your team has completed all steps by the deadline and is confirmed in the league.

View the **Pre-Season Team Checklist** at www.LakeOswegoSports.com

What if I do not have a team secured?

If you are able to find 8 or more players, you can create your own team! Another option is to fill out a **Free Agent Submission Form** online. While it is not guaranteed, we will try our best to place free agents on teams.

Am I allowed to play on a school basketball team and a City League team?

Playing for your high school and playing in HS City League Basketball is **NOT** allowed.

If you are selected for any level of your high school basketball team (Varsity, JV &/or freshman) this season, you are **not** eligible to play City League. You also may not join City League after basketball season is over.

I plan to try-out for my school's team, but also want to sign-up for City League. What should I do?

Feel free to register with your friends for the City League season. Should you be selected for one of your school's teams, let us know and we will refund your registration fee. Good luck with your try-out!

Is there practice time available for City League teams?

Unfortunately, we do not provide practice times or gym space for practice.

Does the league provide a coach or are teams expected to find their own coach?

In the spirit of fairness, coaches are not allowed. Student Team Managers and rostered players may coach, call plays, give tips, etc. but no official coaching from parents/guardians, Adult Team Supervisors, coaches, spectators or others that are not directly listed on the team's roster is allowed.

How many Adult Team Supervisors does each team need to have?

A minimum of one (1) registered Adult Team Supervisor is required. There is no limit to how many registered Adult Team Supervisors a team can have. Adult Team Supervisors must complete a background check and LOPR volunteer form before being approved.