



Lake Oswego Adult Community Center @ Christ Church Parish
1060 Chandler Rd, Lake Oswego

503-635-3758

Call 24 Hours in Advance to Reserve Lunch2Go

October 2021 Menu

10/1 - Friday

Italian Herb Chicken
Whipped Potatoes
Brussel Sprouts
Squash Bread
Banana Pudding

10/4 - Monday

Western Goulash
Lima Beans
Carrots
Wheat Bread
Peach Cobbler

10/6 - Wednesday

Chicken Pastina
Marinated Zucchini Salad
Green Beans
Dinner Rolls
Rocky Road Pudding

10/8 - Friday

BBQ Smokehouse Chop
Au Gratin Potato
Mixed Vegetables
Oat Bran Bread
Peanut Butter Bars

10/11 - Monday

Kielbasa Sausage on a Bun
Sauerkraut
Baked Beans
Carrot Slaw
Applesauce

10/13 - Wednesday

Swiss Style Patty
Delmonico Potatoes
Brussel Sprouts
Cracked Wheat Bread
Vanilla Pudding

*Options subject to change upon availability

10/15 - Friday

Ground Beef with Noodles
Spinach Romaine Salad
Herbed Carrots
Herb Roll
Peaches

10/18 - Monday

Swedish Meatballs
Lyonnais Potatoes
Braised Red Cabbage
Garlic Bread
Ice Cream

10/20 - Wednesday

Caribbean Chicken
Whipped Sweet Potatoes
Corn
Whole Wheat Bread
Spiced Peaches

10/22 - Friday

Chicken Fettucine
Broccoli
Onion Rolls
Fresh Oranges

10/25 - Monday

Beef Sloppy Joes on a Bun
Corn
Beets
Bread Pudding w/Raisins

10/27 - Wednesday

Pasta Primavera
Carrot Pineapple Salad
Green Beans w/Red Peppers
Whole Wheat Bread
Seasonal Fresh Fruit

10/29 - Friday

Ham & Cheese Salad
Green Split Pea Soup
Multigrain Roll
Applesauce