



City of Lake Oswego

50-Plus Advisory Board

Thursday, June 12, 2008
8:30 a.m.

Members 2007-2008:

Janine Dunphy, Chair
MaryLou Webb, Vice Chair
Nanci Cummings
Daniel Baer
Caryl Lindemaier
Ardis Stevenson
Kathy Long Holland
Gail Zimmerman
James Laughton

Councilor McPeak, City Council Liaison
Kim Gilmer, PR Director
Vacant, ACC Manager
Teresa O'Halloran, ACC Admin

Santiam Room
West End Building (WEB)
4101 Kruse Way

For Information: 503-675-6407

Approved Minutes

I. Roll Call

Present: Janine Dunphy, Caryl Lindemaier, Ardis Stevenson, Nanci Cummings, Kathy Long Holland, James Laughton, Gail Zimmerman, Councilor McPeak, City Council Liaison, Kim Gilmer, PR Director, Teresa O'Halloran, ACC Admin. Guest: Alex McIntyre, City Manager, Excused: MaryLou Webb and Daniel Baer. Guests: Tom Brennan, Brennan Care Services, Meagan Lawlard, Board Applicant.

II. Approval of Minutes 5/8/08

Janine Dunphy asked for a motion to approve the minutes as submitted
Caryl Lindemaier made a motion; Kathy Long Holland seconded the motion

III. Open Public Communications

IV. Old business

A. Update on Medicare Project

Unfortunately Dan Baer was unable to attend today; Janine Dunphy provided the update. Janine summarized for the City Manager, Alex McIntyre that several medical organizations and clinics have agreed to work on producing a single resource number or list for patients looking for doctors who accept Medicare. Legacy has assigned a worker to work on this project within their facility. Dan has agreed to remain working on this project even though his term on this board is ending. There is an expectation that the city will also take a piece of this project, probably via the ACC. The ACC has agreed to distribute resource numbers for the various medical organizations and clinics. They will also provide a list of local doctors accepting Medicare patients upon receipt of this list from the 50+ board.

Kathy Long Holland reported that there are about 30 doctors within the city. She has been placing calls to determine who accepts Medicare patients. Olsen Memorial is closed to Medicare now; in fact the theme that emerged is that those clinics accepting Medicare in the past are no longer accepting Medicare now because they are full. New up and coming doctors are not practicing in primary or family care, and instead are opting for specialty medical practices. Very few of these new doctors are becoming primary care physicians,

and are not a back filling retiring doctors. The problem seems to be bigger than what originally appeared. The 50+ group will continue to update their spreadsheet list and continue to look at the single point of contact number.

Next up would be to marketing the numbers and the clinics within the city, through the ACC. There is also going to be a new Providence building over by Bridgeport that will have a Gerontology wing attached to it.

B. Update on Neighborhood Volunteer Project

Caryl Lindemaier handed out notes on this update; see Attachment A at the end of the minutes. Caryl provided Alex with an overview of this project and the history of the 50 +. The Volunteer project will kick off with a pilot program, on Saturday, September 27th, and will take place in the McVey/South Shore neighborhood. Community Churches, Love, Inc., and various Neighborhood Associations are moving together to hear about and find people who need assistance. A set of criteria is being developed regarding those in need including volunteer backgrounds, etc...and what might the services be, including logistics and marketing. The committee is also looking into Sponsorship opportunities. The next meeting will include the LOFD on June 18th. Next spring the project will grow in scope and include an all community wide event. PCC is also involved, looking at having a pilot program in leadership via Life by Design. This group would like to work together on a joint venture within the community wide event. Love, Inc has excellent resources for gathering volunteers. The committee wants to include service organizations within the community; try to get them on board after the first pilot project. Would like to use the Love, Inc. model for our own grass roots program. Another resource to consider is the high school kids.

V. New Business

A. Introduce City Manager, Alex McIntyre

Alex McIntyre gave some updates to the group, starting with an explanation of the First Thursday's meetings which occur monthly for city staff. Alex expressed his style as open and willing to answer questions and discuss issues. Alex has 25 plus years in public service most recently working for Marin County, California as the Asst. County Administrator. Organizationally some things will change in style and approach, perhaps a larger interest in other areas of the city that may have been in the background before.

Ardis Stevenson suggested that she would like to see some type of orientation or training for advisory board participants. Alex commented that the primary role of the boards is advisory to the City Council and the value of working with City Council to assist in achieving their goals.

Kathy Long Holland asked about Alex's experience with older adults in an affluent community and to provide an example of some programs that stood out. He told about YANA, You Are Not Alone, and how every morning the police would call people on this list to just make sure they were there. Kim explained about the ACC's similar program, Project Alert, where citizens voluntarily sign up for a phone call in times of inclement weather or emergencies. Kathy asked Alex about his experience with schools within the city, and she spoke of some examples from his past communities. Affordable housing was a topic of discussion and Alex did express his not being able to understand how neighborhoods tend to not support creative, affordable housing concepts. Alex spoke of some examples of how

property tax breaks and other creative financing could assist seniors in large homes with little cash.

The topic of the transportation shuttle was also brought up. Alex commented that he has had previous experience with shuttle operations and they do provide a good service. He commented that shuttles are very expensive to operate and before making a decision on whether to operate a shuttle, various cost considerations should be taken into consideration.

Alex shared his impressions of the city and how he did his homework by viewing the LO Review on line, including the blogs from the community. This was during the time of the Safeco building. He has a sense that people are engaged in the community and that engagement is exciting to him.

C. Set Next Meeting Date, July 10, 2008, 8:30 a.m.

D. Adjourn

Attachment A
LAKE OSWEGO INDEPENDENCE EVENT

Pilot Program
McVey/South Shore Neighborhood
Saturday, September 27, 2008

Coordinators (backed by 50+ Advisory Board)
Overall – Janine Dunphy
Operations – Dawn D’Haeze
Spring Event coordinator – Carla Rathbun

Areas to research and report on at next meeting:

- A. Developing Criteria for Services – Elderly and Disabled - Kim Gilmer
- B. Volunteer Background Checks – Karen Shimada and Caryl Lindemaier
Caryl will contact Love Inc. and ACC for volunteer applications, release forms, liability, et al
Karen to contact Hands on Greater Portland for same information
- C. Description of Services – Kim Gilmer
List of proposed and perceived services to be performed - All members
- D. Date/Hours/Logistics Plan
- E. Outreach for Identification of Recipients
Charlie Corey to contact Methodist Church to set up meeting with Dawn.
Description of Process – Dawn D’Haeze
Neighborhood Associations
Meals on Wheels
Mom’s Group – newsletter, canvas, campaign
7 Church consortiums
Post Event Feedback from recipients
- F. Messaging/Marketing –Kim Gilmer to invite Bonnie Hirshberger to next meeting
- G. Branding/Name – All members to bring suggestions next meeting
- H. Volunteer Recruitment – Dawn D’Haeze
Added considerations: Pre-training orientations, post event evaluations
- I. Sponsorship Possibilities – Nanci Cummings
Nanci to prepare an outline of sponsorship activities to present at the June 4th.
(Businesses, L.O. Fire Department, 1-800-Got Junk, Windermere)

Committee members are asked to bring to next meeting suggestions for:
Services ideas
Marketing ideas
Branding/Name ideas

Next meeting date – Wednesday, JUNE 4, 3:00 – 4:30