



City of Lake Oswego 50-Plus Advisory Board

Thursday, August 13, 2009
8:30 a.m. – 10 a.m.

Members 2008-2009:

Gail Zimmerman, Chair
Thomas Brennan
Ruth Cohen
Nanci Cummings
Janine Dunphy
Meagan Lawler
Edwin Blossom
Ellie McPeak
Vacant

**Oswego Room
West End Building (WEB)
4101 Kruse Way**

For Information: 503-675-6407

City Staff:

Kristin Johnson, City Council Liaison
Kim Gilmer, PR Director (Optional)
Ann Adrian, ACC Manager
Teresa O'Halloran, ACC Admin

Approved Minutes

Guests:

Norma Heyser, LONAC Liaison

8:30 a.m. - 9:50 a.m.

I. Roll Call –

Present: Gail Zimmerman, Janine Dunphy, Meagan Lawler, Ruth Cohen, Ellie McPeak, Edwin Blossom, Ann Adrian, Teresa O'Halloran, Norma Heyser. Excused: Tom Brennan, Nanci Cummings, Kristin Johnson

Meeting began with Ms. Zimmerman welcoming new Board members, Ellie McPeak and Ed Blossom. Both gave a brief overview of their background and reasons for wanting to be on our Board.

II. Approval of June 11 and July 9 minutes – Ms. Dunphy made a motion to approve with changes. Ms. Cohen seconded the motion and the June minutes were approved with minor changes.

Ms. Dunphy made a motion to approve with changes. Ms. Lawler seconded the motion and the July minutes were approved with minor changes.

III. Open public communications –

Ardis Stevenson announced the publication of her new book on aging, entitled "Facing Age, Finding Answers" which is available now for \$20. She has a webpage www.facingagefindinganswers.com

There is also a book signing/wine reception on September 15 at the ACC. Graham's is carrying the book locally.

IV. Election of Officers –

Ms. Zimmerman is not running for re-election to the position of Chair.

Ms. Zimmerman nominated Ms. Dunphy for the position of Chair. Ms. McPeak moved to accept by acclamation. Mr. Blossom seconded the motion.

Ms. McPeak nominated Mr. Brennan for the position of Vice Chair, Ms. Zimmerman seconded the motion. However, the Board decided to wait for Mr. Brennan's presence before voting him into office.

V. ACC Update –

Ms. Adrian announced the Center's annual closure to the public while it is being cleaned the week of August 24-28.

September is National Senior Center month and there are many activities planned at the Center, including Ms. Stevenson's book signing, a course on dealing with chronic health conditions and a performance by the Northwest Senior Theatre.

Ms. Adrian attended the OGA (Oregon Gerontology Association) conference.

The Meal Network will be partnering with New Seasons Market by participating in a donation program that allows shoppers to donate money at the checkout counter for the Meals on Wheels program. The dates for this are: the entire month of October.

VI. Old Business:

A. Housing

Today the Board looked at housing as it relates to Goal 10 of the City's Comprehensive Plan. Mr. Brennan has written two memos; one summarizing Goal 10 and the other reviewing the Board's current work plan. The Board reviewed these two memos looking for areas in which the Board might be able to recommend changes to Goal 10. In summary, Mr. Brennan felt that Goal 10 was adequate, but a little dated needing to have more mention of other housing options such as alternative, sustainable, rehabilitative and accessible. The Board continued to discuss the Comprehensive Plan and the need to keep the language very broad and general as it is the overall guidance for the City. Ms. McPeak offered great insight and advice on how best to proceed and offered to work with Mr. Brennan on the Goal 10 project.

9:30 a.m. - 10:00 a.m.

VII. New Business: Education Panel

Ms. Lawler handed out a summary of the Educational Panel scheduled to provide resources for seniors in the community at the upcoming "Changing Times, Changing Needs" educational event set for October 3, 2009 at the WEB

The issue is whether or not we have business people present on their relative topics or have an academic perspective due to conflict of interest. The Board discussed both sides of this issue. The need to ensure that services are not solicited and products are not endorsed is an important factor. It was decided to leave Medicare/Medicaid out of this panel as well as the ACC.

Participants in the Panel are:

- Mike Riedel– Veteran's Benefits
- Gregory Hadley – He has agreed to be the moderator and key note speaker. He will talk about the current economic climate in general and in Lake Oswego. What are the needs within our community?

It was suggested that addressing the problems for our specific community would better serve the audience than a purely general discussion.

Ms. Cohen reminded the Board that many families in Lake Oswego are property rich, but cash poor and unable to sell their homes for their retirement as they had been planning

- 2 Elder Law Attorneys – currently practicing, Ms. Dunphy said she believed Ms. Cummings had an attorney who might be interested and suggested Meagan call her for the contact
- CFP – Certified Financial Planner
- Reverse Mortgage person – Meagan suggested Nanci Cummings
- HUD person

It was suggested that having a resource list to give out to attendees would be helpful. Suggestions for this list were AARP, ACC, how to find a Certified Financial Planner, etc. Ms. Cohen said list should include a phone number as well as web address. Ms. Lawler and Ms. Cohen agreed to put together the list.

- a. Next Meeting Date: September 10, 2009
- b. Adjourn