



# City of Lake Oswego 50-Plus Advisory Board

Thursday, March 12, 2009  
8:30 a.m. – 10 a.m.

## Members 2008-2009:

Gail Zimmerman, Chair  
Thomas Brennan  
Ruth Cohen  
Nanci Cummings  
Janine Dunphy  
James Laughton  
Meagan Lawler  
Kathy Long Holland  
Vacant

**Oswego Room**  
**West End Building (WEB)**  
4101 Kruse Way

For Information: 503-675-6407

## City Staff:

Kristin Johnson, City Council Liaison  
Kim Gilmer, PR Director (Optional)  
Ann Adrian, ACC Manager  
Teresa O'Halloran, ACC Admin

## Draft Minutes

## Guests:

Grant Watkinson  
Ron Gronowski  
Deborah Wright  
George Benson

- 
- I. Roll Call  
Present: Gail Zimmerman, Thomas Brennan, Ruth Cohen, Nanci Cummings, Janine Dunphy, James Laughton, Meagan Lawler, Kathy Long Holland, Councilor Johnson, Ann Adrian, ACC Manager, Teresa O'Halloran, ACC Admin., Guests: Grant Watkinson, Ron Gronowski, Debra Wright, George Benson.
  - II. Approval of Minutes 1/08/09  
Motion made by Ms. Cummings, Mr. Laughton seconded that motion. Minutes approved as submitted.
  - III. Open Public Communication  
George Benson was present on behalf of *Keep Lake Oswego Great*. Mr. Benson reported that he is involved with this group and that they are tasked with keeping the talk about Lake Oswego positive instead of negative. He shared with the group the website <http://www.keeplogreat.com/index.htm> and values within KLOG.  
  
Mr. Benson reported on the immediate impact the recession is having on Lake Oswego. He said a "shop locally" task force has been established to respond to the recession and its impacts on local business. He urged everyone to consider those who are retired and what impact the recession is having on them. He added that stock portfolios are disappearing and people cannot sell their homes. Mr. Benson wanted to know where seniors could go for help? He asked, if we are going to make Lake Oswego great for all ages, how are we going to help the seniors out who are losing everything or are in crisis mode due to the economy? Mr. Benson said he was looking to the 50+ Board to help champion this cause.
  - IV. Adult Community Center (ACC) Update  
Ms. Adrian provided an update on some of the current programs and ventures going on at the ACC. She said that: New Seasons may be donating to the Meals on Wheels program; the Marylhurst neuroscience department may be offering training on brain wellness; that Elders in Action training has been delayed; and the ACC is installing new software to track volunteer hours. She also said the meal network was being impacted by the economy as

more meals were being requested and there were fewer donations. Also, she said the average gift was lower. She said they do maintain a registry of at-risk seniors.

V. Sustainability Board Presentation

Mr. Grant Watkinson and Mr. Ron Gronowski presented an overview of the sustainability efforts going on within the City and the vision and goals of the Sustainability Advisory Board. Presentation attached. There was lively discussion of the presentation. There was discussion about some new ideas such as the possible trend toward small retail stores to enable easier access by the customer. The comment was made that New Seasons was already looking at this.

VI. Old Business - Updates

A. Planning Process

Ms. Zimmerman said she had met with Sid Sidaro for an update on the City's planning process. She said the planning process deadlines have been extended by the City and the 50+ board can still provide input through the end of June. She said the first phase of this planning process will conclude in June and encompasses reviewing the values and vision statements for each area in the comprehensive plan. She said the implementation planning phase will be from July 2009 to July 2012.

Ms. Zimmerman said the 50+ Board could submit vision statements for each of its project areas in its work plan, especially with a priority focus on housing which seems to be a priority area of interest for the Council. Ms. Zimmerman reported that the SDUs regulations revisions were still on track, but said that she would call Leslie Hamilton to see where those regulations changes were.

B. Oakridge Park Hearing

Ms. Dunphy expressed that the presentation during the Oakridge Park Hearing was excellent and the discussion was centered on the definition of disability as it related to seniors. Ms. Long Holland also attended. Ms. Dunphy said there appeared to be a large misunderstanding surrounding the word disability and what that really means within the definitions laid out by the City. Ms. Cummings added her views on the hearing.. Mr. Laughton reported that the Oregon Land Use Board of Appeals (LUBA) was out of line in their attack of the City Council. He said the meeting was overall out of control and was threatened with termination several times. It was noted that the City Council would be voting on this project at its meeting on March 24.

C. Housing – Work Plan

Ms. Zimmerman asked the Housing Subcommittee of the 50+ Board to come back to the 50+ Board for its next meeting with a proposed vision statement for housing and long-term goals. She said that similar statements would be prepared for the other project areas and reported on at subsequent meetings of the 50+ Board. There was some limited discussion about a possible accessibility housing project by Deborah Wright and others. This could involve evaluating the current Lake Oswego housing codes relative to accessibility.

VII. New Business

A. Next Meeting Date and Agenda: April 9, 2009, 8:30 a.m.

B. Ms. Zimmerman said the rest of the agenda would be deferred to the next meeting of the Board in April. She said the April agenda will include a presentation on the ACC by Ann Adrian and a presentation by the Housing Subcommittee.

C. Adjourn

References:

50+ Draft Meeting Minutes 01/08/09 & 2/12/09  
Draft 2009 Work Plan

# Lake Oswego Sustainability

Grant Watkinson  
 Ron Gronowski  
 Sustainability Advisory Board Liaisons

March 12, 2009

## Goals for this Morning

1. Understand sustainability basics
2. Become familiar with the City's sustainability vision
3. Discuss your group's role in achieving that vision

## Definition of un-sustainability...

How many Earth worth's of resources would it take for everyone on the planet to live like the average American?

Adapted from: Our Ecological Footprint

## Sustainability is...

Meeting our present needs without compromising our ability to meet future needs.

## Green vs. Sustainable

- |                                      |   |
|--------------------------------------|---|
| ✦ Detail-focused                     | ✦ Whole-systems focus                                     |
| ✦ Tactical                           | ✦ Strategic   |
| ✦ Ecological                         | ✦ Triple bottom line                                      |
| ✦ Focus on being less "bad"          | ✦ Focus on aligning human activity with natural processes |
| ✦ Lacks common definition of success | ✦ Defines success   |

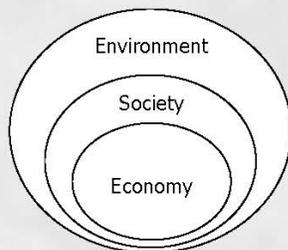
## Other cities leading in sustainability

- |                     |                         |
|---------------------|-------------------------|
| ✦ Santa Monica, CA  | ✦ Corvallis, Oregon     |
| ✦ San Francisco, CA | ✦ Eugene, OR            |
| ✦ Boulder, CO       | ✦ Austin, TX            |
| ✦ Whistler, BC      | ✦ Duluth, MN            |
| ✦ Portland, OR      | ✦ Many Wisconsin cities |

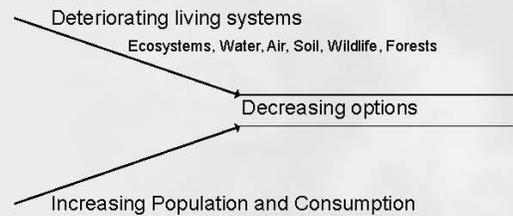
## Sustainability ~ Triple Bottom Line

Economy•Environment•Society

The economy is a wholly-owned subsidiary of the environment, and society cannot function without them both.



## Why Sustainability Matters Now



Source: The Natural Step framework

Any general questions about sustainability?

## SAB 2009 Work Plan

1. Educate Council, Commissions & Boards
2. Oversee the City's Sustainability Plan
3. Support City initiatives:
  - Water Conservation Plan
  - Comprehensive Plan Update
  - Urban and Rural Reserves / Stafford Study
4. Implement at least three important community initiatives.
  - Public education & outreach about Sustainability
  - Sustainability Action Month (May)
  - Community Sustainability Plan - Phase 1

## 4 Sustainability Objectives

- Meet present and future human needs fairly and efficiently (present and future quality of life)
- Reduce dependence on materials mined from earth's crust (petroleum, heavy metals)
- Reduce dependence on chemicals that accumulate in nature (phthalates, dioxin)
- Reduce activities that consume life-sustaining ecosystems (deforestation)

Based on The Natural Step 4 System Conditions

## City of Lake Oswego's Sustainability Vision

*A sustainable Lake Oswego is a community that meets the vital human needs of the present without compromising our ability to meet future needs. This requires consideration of both long-term and short-term effects on ecological, economic, and community systems.*

From: Lake Oswego Sustainability Plan adopted 11/2007

## Why Sustainability Matters Here

### Economic benefits

- Reward efficiencies, e.g., lower costs for efficient water users

### Environmental benefits

- Protect natural resources, e.g., preserve aquatic habitat

### Social benefits

- Provide high quality of life for the long term, e.g., ensure future water quality and availability

## City's Priority Action Areas

Energy Use & Transportation



Water Conservation



Purchasing



Waste Reduction



- Details in the City's Sustainability Plan
- Milestones (targets) – By 2012
- Sustainable end point goals – By 2027

## What Role will you play?

Consider sustainability in personal decisions & 50+ Recommendations:

- ✦ Easy accessibility to local retail & service providers
- ✦ Viable local transportation options
- ✦ Volunteerism (neighbor helping neighbor)
- ✦ Viable housing options (2<sup>nd</sup> dwelling units/co-housing)

## What Role will you play? Cont.

Assist with Sustainability Action Month (SAM) in May

- ✦ Sign up for energy reviews & water audits
- ✦ Host an event in May – Farmer's market
  - ↳ Contact Jonna
  - ↳ [jonna\\_p@ci.oswego.or.us](mailto:jonna_p@ci.oswego.or.us)
  - ↳ 503-675-3990

Remember: Your actions & choices ripple through your sphere of influence

## Thank you!

You can reach me/us at:

**Grant Watkinson**

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**Ron Gronowski**

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**Jean Baumann, SAB Chair**

[jeanbaumann@presentdynamics.com](mailto:jeanbaumann@presentdynamics.com)

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