

# I'D RATHER BE METAL THAN PLASTIC

## LINKS AND RESOURCES

### Ocean Plastics

Surfrider Foundation <http://www.surfrider.org>

Ocean Conservancy <http://oceanconservancy.org>

5 Gyres <http://www.5gyres.org>

Plastic Pollution Coalition <https://www.plasticpollutioncoalition.org>

### Lake Oswego Recycling Information

It's all right here! <https://www.ci.oswego.or.us/recycle/recycling>

### Helpful Media

Using Less Plastic <https://www.fastcompany.com/90312169/a-totally-achievable-relatively-painless-guide-to-cutting-plastic-out-of-your-life>

End of Recycling? <https://www.theatlantic.com/technology/archive/2019/03/china-has-stopped-accepting-our-trash/584131/>

9 Ways to Stop Using So Much Plastic <https://www.outsideonline.com/2391453/ways-to-use-less-plastic>

### Shopping Bags, etc.

Search "Mesh Produce Bags" on Amazon.

Bring your own containers to New Seasons to refill

Shampoo Bars: <https://www.elle.com/beauty/g22815361/best-shampoo-bar/>

*Remember! Avoid Plastic wrapped produce, buy meat at deli counter wrapped in paper, use brown mushroom bags in a pinch.*

### Travel Items

Metal Straws <http://nymag.com/strategist/article/best-metal-straws-review.html>

Travel Cutlery (one option) <https://www.patagoniaprovisions.com/products/bamboo-utensil-set>

Iced Drink Cups <https://www.bonappetit.com/gallery/reusable-iced-coffee-cups>

*Remember: Ask for durable dishware at cafes, choose drinks in aluminum or glass, don't take cutlery, napkins, plastic bags, or condiments with takeout.*

## At Home

Beeswax Wrap

[https://thrivemarket.com/search/results?filter%5Bsearch%5D=beeswax%20wrap&selected\\_facet=](https://thrivemarket.com/search/results?filter%5Bsearch%5D=beeswax%20wrap&selected_facet=)

Guppyfriend <http://guppyfriend.com/en/>

Cora Ball <https://coraball.com/>

Silicone storage bags <http://nymag.com/strategist/article/best-reusable-eco-friendly-food-storage-bags.html>

Metal razors <https://packagefreeshop.com/products/albatross-double-edged-safety-razor-with-10-free-blades>

Refillable K-Cups <https://www.keurig.com/content/reusable-coffee-filter>

## Online Package Free Services

byHumankind <https://byhumankind.com/>

Loop <https://loopstore.com/>

Package Free Shop <https://packagefreeshop.com/>

## No Plastic, Low Plastic, and Recycled Plastic Retailers (and Clothes Recycling)

Patagonia Worn Wear <https://wornwear.patagonia.com/>

Norton Point Sunglasses <https://www.nortonpoint.com/>

Allbirds (shoes) <https://www.allbirds.com/>

Rothy's (shoes) <https://rothys.com/>

Adidas x Parley <https://www.adidas.com/us/parley>

For Days (Clothes Recycling) <https://fordays.com/take-back>

H&M Clothes Take back <https://about.hm.com/en/sustainability/get-involved/recycle-your-clothes.html>

The Bra Recyclers <https://www.brarecycling.com/>

Soles 4 Souls (shoe recycling) <https://soles4souls.org/get-involved/give-shoes/>

**Contact Info: Jenny Slepian, Sustainability and Management Analyst, [jslepian@lakeoswego.city](mailto:jslepian@lakeoswego.city)**