



LO Meals on Wheels Day at the Lake Oswego Farmers' Market

*Support the program August 13th at the
Market Information and Merchant Services Booths*



Join the Lake Oswego Farmers' Market in supporting Lake Oswego Meals on Wheels!

Write a tax-deductible check or make a cash or credit card donation!

7 meals	\$28
14 meals	\$56
25 meals	\$100
50 meals	\$200

Or consider purchasing fresh produce from our many vendors to use in meal preparation.

Did you know that LO Meals on Wheels:

- serves 20,000 meals to senior and homebound LO residents each year.
- prepares fresh hot meals made from scratch at the LO Adult Community Center.
- packages and delivers every Monday, Wednesday and Friday to participants' homes.
- offers residents a sit down lunch option with table service, tablecloths, fresh flowers, and live piano music at the LO Adult Community Center.
- provides these services through the generosity of LO volunteers.

Other Ways to Help:

1. Donate securely online at www.lakeoswegomealsonwheels.org/donate
2. Mail a check to:
LOMOW
505 G Avenue
Lake Oswego, OR 97034
3. Ask your company to match your monthly or annual donation.

For additional information, please contact Adult Community Center Manager, Ann Adrian, at 503-635-3758 or aadrian@lakeoswego.city