

# Ranger Ben's Park Safety Tips

1. Drink plenty of **water** on a hot day.
2. Always stay with a parent or group leader when **hiking**.
3. Know the **rules** of the park before entering.
4. Always wear the correct **clothing** for the weather.
5. Always wear a **helmet** when riding a bike.
6. Help others feel safe by keeping all pets on a **leash**.

**Know what to do ahead of time in case you get lost in the wilderness!**

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